Finding The Truth: Understanding the Bible

- Thanksgiving- experiences of joy to the Lord.
 - Community Psalms: 65, 67, 75, 107, 124, 136.
 - Individual: 18, 30, 32, 34, 40, 66, 92, 116, 118, 138.
 - ➤ Elements include introduction, distress, appeal, deliverance, and testimony.
 - > Example Psalm 138.
- Hymns of Praise praising God for who He is: His greatness and character.
 - Creator of the Universe: 8, 19, 104, 148
 - Protector and benefactor of Israel: 66, 100, 111, 114, and 149.
 - The Lord of history: 33, 103, 113, 117, 145-147.

Lesson 16
Studying the Bible: The Psalms

February 9, 2016

Notes									

Finding the Truth: Understanding the Bible

The Psalms

Psalms: A collection of Hebrew prayers and hymns

Time period: Israel's history from Moses to postexile

Arrangement: Divided into 5 books

- Book 1: Psalms 1-41
 - ➤ All are by David except 1,2, & 33
- Book 2: Psalms 42-72
 - > #42-50 are sons of Korah or Asaph
 - > #51-70 are of David
 - > #71 untitled
 - > #72 of Solomon
- Book 3: Psalms 73-89
 - Mostly by Asaph or sons of Korah
- Book 4: Psalms 90-106
 - ➤ Mostly untitled
 - > #101 & 103 of David
- Book 5: Psalms 107-150
 - > Mostly untitled
 - > #120-134 Songs of Ascent
 - > #138-145 of David
 - > #146-150 Halleluiah Psalms
- Books 1 & 2 focus on the time period of the early monarchy.
- Book 3 assumes the fall of Jerusalem.
- Book 4 rehearses the history back to Moses and focuses on God's reign despite the condition of the monarchy.
- Book 5 praises to God for the gathering of the exiles and anticipation of a future King.

Types of Psalms: Part 1

- Laments-express the feelings of people in time of distress.
 - Individual: 3, 22, 31, 39, 42, 57, 71, 88, 120, 139, 142
 - > Corporate: 12, 44, 80, 94, 137

Lesson 16

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Suggested Reading

HTRTBFAIW: pages 212-232 HTRTBBBB: pages 130-143

Scripture Reading

Psalms 1, 3, 138

Key Verses:

Psalm 1 ¹Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, ² but whose delight is in the law of the LORD, and who meditates on his law day and night³ That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither-whatever they do prospers. 4 Not so the wicked! They are like chaff that the wind blows away. ⁵Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous. ⁶ For the LORD watches over the way of the righteous, but the way of the wicked leads to destruction.

Notes		

•	Six elements of laments: address, complaint, trust,	
	deliverance, assurance, praise.	

• Example: Psalm 3